



**Wednesday,
February 26, 2020**

BELL SCHEDULE

WEDNESDAY

Block 1
8:00-9:12

Block 2
9:16-10:28

FLEX
10:28-10:57

Block 3
11:01-12:13

LUNCH
12:13-12:53

Block 4
12:57-2:09

Block 5
2:13-3:25

THURSDAY

Block 1
8:00-9:12

Block 2
9:16-10:28

FLEX
10:28-10:57

Block 3
11:01-12:13

LUNCH
12:13-12:53

Block 4
12:57-2:09

Block 5
2:13-3:25

FRIDAY

Professional Day
School Not In Session

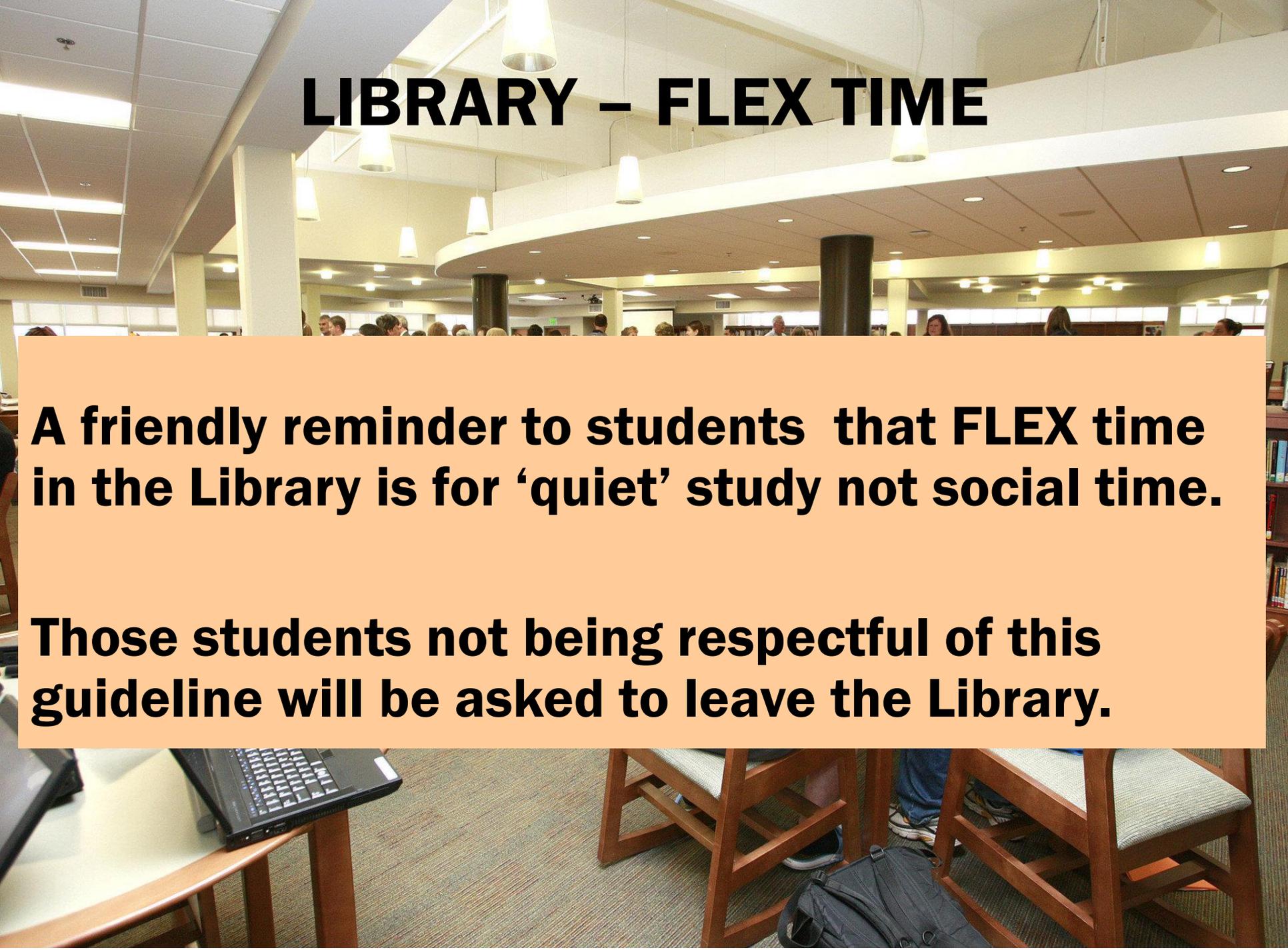
SD43 Pink Shirt Day – February 26, 2020

Anti-Bullying

#PINKSHIRTDAY



LIBRARY – FLEX TIME



A friendly reminder to students that FLEX time in the Library is for ‘quiet’ study not social time.

Those students not being respectful of this guideline will be asked to leave the Library.

PARENT/TEACHER STUDENT CONFERENCE
THURSDAY, MARCH 5TH

| | | |
|----------------|----------------------------|-------------------|
| Block 1 | 8:00 – 9:12 am | 72 minutes |
| Block 2 | 9:16 – 10:06 am | 50 minutes |
| Block 3 | 10:10 – 11:00 am | 50 minutes |
| Break | 11:00 – 11:10 am | 10 minutes |
| Block 4 | 11:15 am – 12:05 pm | 50 minutes |
| Block 5 | 12:10 – 1:00 pm | 50 minutes |



Food!

Attention All Gamers!

Prizes!

Heritage Woods LAN Party!

Thursday, Feb 27th Room 300

Forms available in room 300

And Due Wed Feb 26th

Competitions

Trivial!

THE CAFETERIA HAS GONE GREEN!

Exciting news Kodiaks!

ALL utensils and containers
from the cafeteria are NOW
COMPOSTABLE!

Make sure you throw your
waste in the correct bin!

*plastic around
cookies/muffins goes in
garbage



Brought to you by the Environmental and Outdoors Club

FOUND

Did you lose your cell phone on Friday Feb 21st?

Please come to the main office to claim.



SD43 STUDENT LEADERSHIP COUNCIL PRESENTS

STUDENT LEADERSHIP CONFERENCE



OPEN TO MIDDLE AND
SECONDARY
STUDENTS!

SCAN QR CODE TO
SIGN UP!

FEB 28, 2020

8:30AM-2:30PM

SCOTT CREEK MIDDLE

COST - \$15 (LUNCH + SWAG BAG)



February is Black History Month!

Shirley Chisholm

- Became the first African American woman elected to congress in 1968
- Ran for the 1972 Democratic presidency nomination, making her the first African American to do so.
- Fought for education opportunities and social justice.



Keep an eye on the Kodiak for more slides about influential activists and heroes to celebrate this important month!

KODIAK PRIDE



Want to get involved and fight for justice and equality in both the school and to community?

- Fundraisers
- Initiatives
- Fun community
- Snacks!



Meetings
Wednesdays at lunch
Room 307





IMPORTANT Announcement for International Students:

International Students who are up for renewal: The deadline for International students to pay program fees for the 2020-2021 school year is **March 1, 2020**. **Students are not guaranteed their place in our school after this date.**

Heritage Woods Assistance Dog

Brie our Heritage Woods Assistance Dog will be here on **Wednesday's** at **LUNCH** in the counselling area. Come down and say "Hi"!



Canada's Largest International University and Experiential Travel Expo



EXPLORE YOUR FUTURE

Tuesday

MARCH 3

VANCOUVER
CONVENTION CENTRE

Expo: 2 pm - 6 pm / Seminars: 1 pm - 6 pm

SEMINARS
FREE
ADMISSION



AIR CANADA

TalentEgg

www.studyandgoabroad.com

**STUDY AND
GO ABROAD**

STUDY • TRAVEL • WORK • VOLUNTEER

www.studyandgoabroad.com



| Theme | Dates | Rebate | Price after rebate |
|--|------------------------|----------------------|--------------------|
| Science & Technology | Feb 23 - Feb 29, 2020 | Limited availability | \$650 |
| Business & Entrepreneurship | Mar 1 - Mar 7, 2020 | \$150 rebate | \$600 |
| Medicine & Health | Mar 8 - Mar 14, 2020 | n/a | \$650 |
| Law & our Justice System | Mar 15 - Mar 21, 2020 | n/a | \$650 |
| Sports & Fitness | Mar 22 - Mar 28, 2020 | \$100 rebate | \$650 |
| Science & Technology | Mar 29 - Apr 4, 2020 | Limited availability | \$650 |
| History & Leadership Formerly: Vimy: Canada's Coming of Age | Apr 5 - Apr 11, 2020, | \$100 rebate | \$650 |
| Medicine & Health | Apr 12 - Apr 18, 2020, | n/a | \$650 |
| Democracy & Youth | Apr 19 - Apr 25, 2020, | \$100 rebate | \$650 |
| Experience Canada | Apr 26 - May 2, 2020, | n/a | \$650 |

Simply follow the "REGISTER NOW" link on the home page of Encounters with Canada: www.ewc-rdc.ca.

****DISCOUNTS are offered until March 13, 2020, or until funds run out.**



AP CALCULUS EXAM

- Any students interested in writing the AP Calculus exam must pay their exam fee (\$135) online or at the office before **March 6 deadline**.
- If you are not taking AP Calculus this semester and you wish to write the exam, see Ms. Riczu at the office for payment.
- If you have any questions, email Ms. Rai (mrai@sd43.bc.ca).

Interested in joining our adventure to COSTA RICA in Feb 2021?



**Volcanoes
Kayaking
Hot Springs
Waterfalls
Ziplining
Snorkeling
Hiking
Beaches**



**See Ms Prospero-Porta,
Mr Baldus, Ms Hughes or
Mr Ross for information.**

Coast to Coast COSTA RICA 2021

A Caribbean to Pacific Adventure

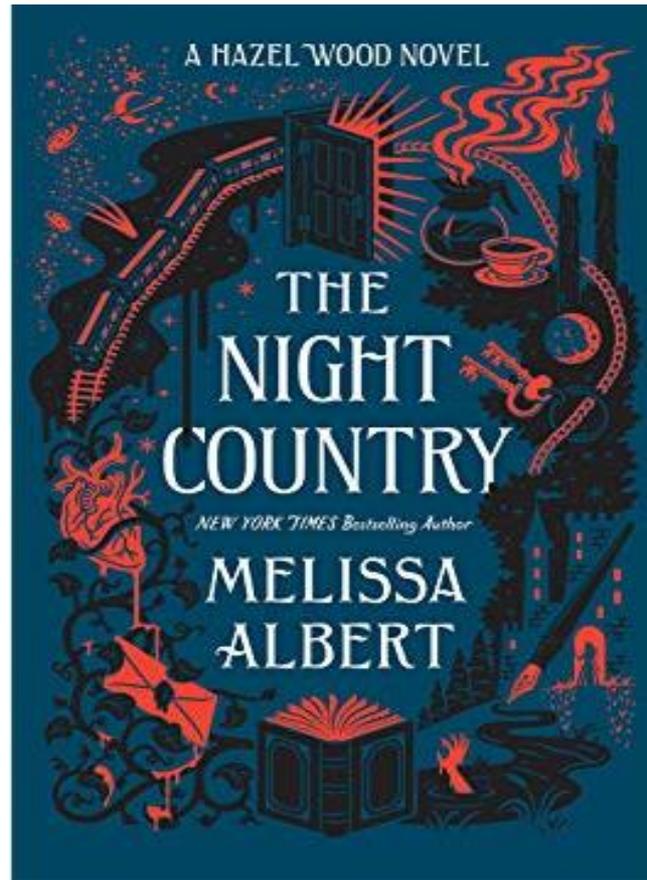
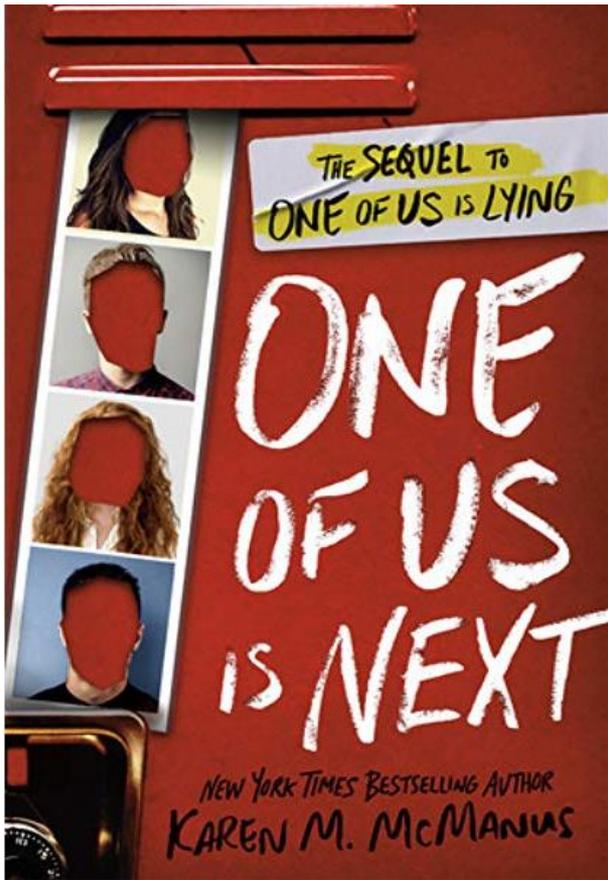
Early enrollment
discount of \$300
for the month of
February.

BONUS!!!

Enroll **NOW** to be
entered in a draw for
\$500 in travel
voucher giveaways.



See Ms Prosperi-Porta for info.



**Come and check out the new books at the
HWSS Library**

PHOTO CONTEST

Theme:

WE ARE KODIAKS

Submit one photo to
pkhalili@sd43.bc.ca
by March 13 2020

1st Place: **\$75** 2nd Place: **\$50** 3rd Place: **\$25**

HWSS LANYARDS For Sale

Please come to the main office to purchase.

COST: \$5.00



KODIAK ATHLETICS



KODIAK HOCKEY TEAM

Want to play for the Kodiak hockey team?

Come sign up in room 237 at flex or lunch this week.

Meeting for the hockey team will be at FLEX on Wednesday Feb. 26th



Girls Soccer Senior + Junior Try-Outs

Senior Try-Outs

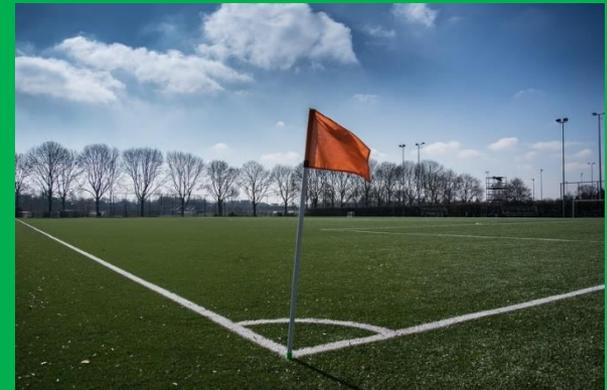
Thursday, February 27 - 3:40 start on the turf

Monday, April 2 - 3:15 start on the turf

Junior Try-Outs

Tuesday, March 3 – 3:40 start on turf

Thursday, March 5 - 1:30 start on the turf



CLUBS



*ROOM CHANGE: 315 → 207

MEETINGS IN ROOM 207 ON
WEDNESDAYS AT LUNCH

JOIN WYNS CLUB!!!



Do **YOU** want to help the community?

- Volunteer hours
- Fundraising
- Looks fantastic on University Applications!!!
- Partnered with Eagle Ridge Hospital
- Helping kids with medical conditions and providing for those in need



Kodiaks Konversations

Connect with our EAL students!



MEETINGS
EVERY
WED. AT
FLEX IN
ROOM 243

- *Gain volunteer hours while having fun*
- *Snack while you chat and play games*
- *Meet new people*
- *Learn about other cultures*

JOIN THE HSEO CLUB

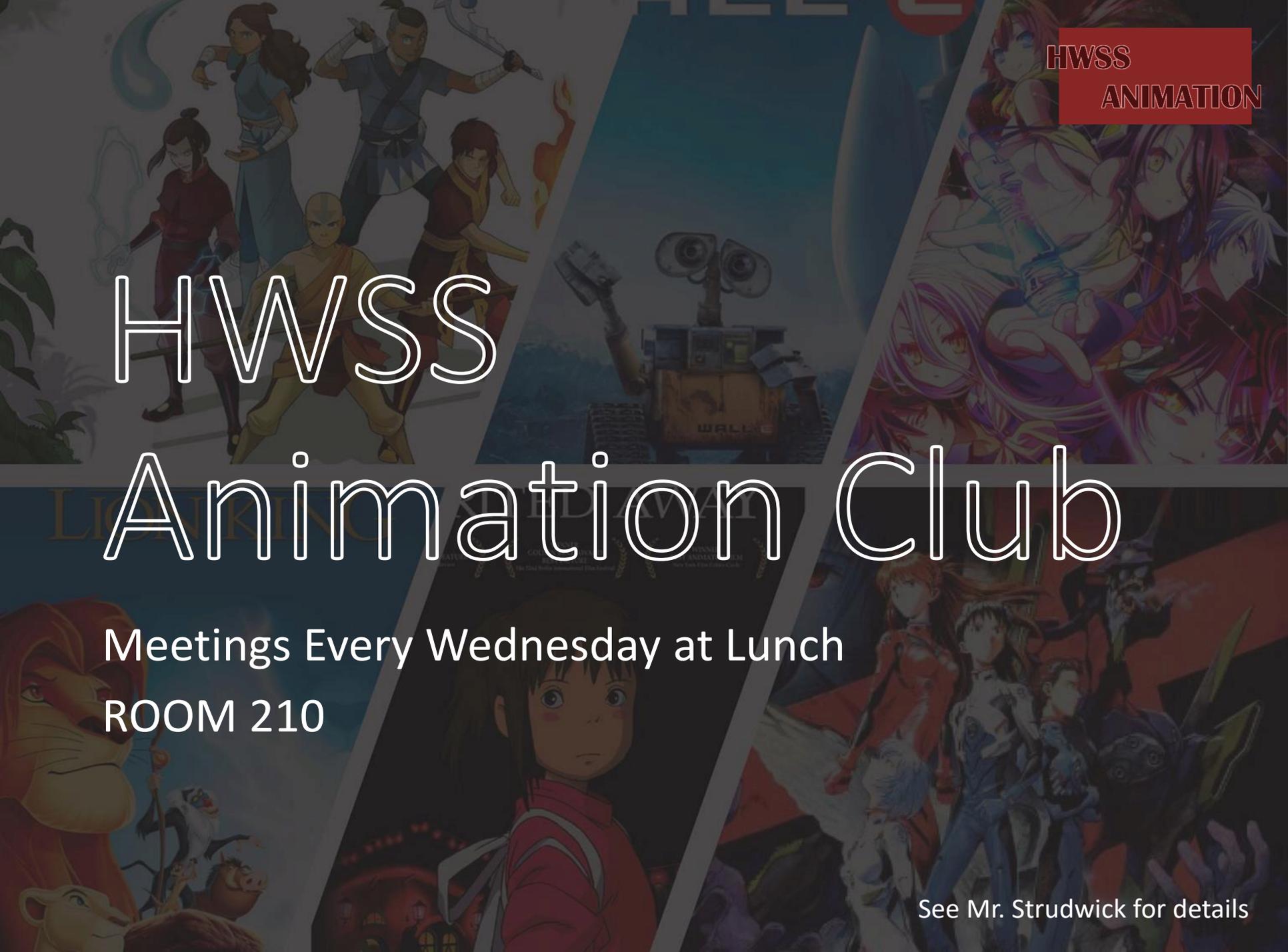
-INTERESTED IN JOINING **SCIENCE
COMPETITIONS** TO BOOST YOUR RESUME?

-WANT TO EARN **PRESTIGIOUS AWARDS**
FROM BIG UNIVERSITIES LIKE UBC AND U OF T?

NEXT MEETING:

**WEDNESDAY @ LUNCH IN
ROOM 316 (September
25th)**





HWSS
ANIMATION

HWSS Animation Club

Meetings Every Wednesday at Lunch
ROOM 210

See Mr. Strudwick for details

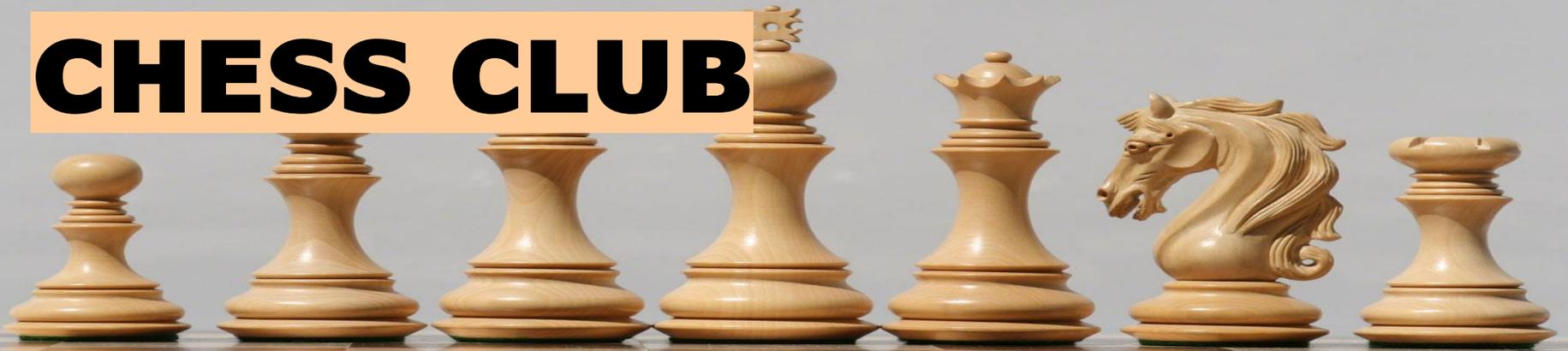
Join Heritage Woods Robotics



Room 217

See Mr. Zhuang

CHESS CLUB



The Chess Club has started. Please come to room 309 at LUNCH (Monday-Friday) QUESTIONS: Please see Mr. Sun.

All levels are welcome. Come learn and play. Bring a lunch.





SKI & SNOWBOARD CLUB

Sign Up in
Room 314

Next Trip:
March 7

SKI & SNOWBOARD CLUB

Want to shred at Whistler?



Space is becoming limited...

Mar. 7 – 1 or 2 spots remaining

CAREER CENTER



Thinking about Law School?



**WEST POINT GREY ACADEMY
INVITES YOU TO MEET
LEADING UK LAW SCHOOLS AT**

A LAW EVENING

**Open to all lower mainland Grade 9 - 12
students interested in studying law
with a focus on studying law at
UK Universities.**

The evening features:

- **Presentations**
- **Law debate case study**
- **Law school fair**

CYPRESS CAFE

4125 WEST 8TH AVE.
VANCOUVER, BC V6R 4P9

MAR • 4 • 2020

4 - 6 PM

REMINDER:VIUF FAIR

1- 4PM
SUNDAY, APRIL 19, 2020 @
VANCOUVER CONVENTION CTR. (E)

PRE-REGISTER HERE: <https://tinyurl.com/yx38zn9g>

UBC ENGINEERING Upcoming Events for Girls

UBC Engineering Upcoming Events for Girls

Changing the World: Engineering the Future

Saturday, March 28, 2020

Grades 10-12

Explore why engineering is an amazing career for women who want to change the world, help improve the lives of others and the environment around us, and who like teamwork and problem-solving. Solve real engineering challenges, learn about different types of engineering, talk to current students, hear from recent alumni and tour the campus.

Engineering Explorations 11:

ECE & the Future of Tech

Saturday, February 1, 2020

Grade 11

As technology continues to expand its presence in our daily lives, engineering allows us to leverage new technologies for more applications.

Engineering Explorations 10:

Sustainability for Our Future

Saturday, February 22, 2020

Grade 10

Using the engineering design cycle and a focus on environmental engineering, you'll ideate new solutions to an engineering problem that many countries face today.

Engineering Explorations 8:

The Variety of Engineering

Saturday, March 14, 2020

Grade 8

Debunk your perceptions of engineering and experience what engineers do everyday!



Technovation Girls

February 7, March 6, or April 17

Ages 10-18

Build an app to solve a problem you identify within your community. Offered through UBC Geering Up.

Girl Powered Design Club

Saturdays starting January 25

Grades 8-10

It includes activities from all streams of STEM (Science, Technology, Engineering, and Math) in the form of hands-on activities, engineering design projects, and student competitions.

To RSVP or learn more: women.engineering.ubc.ca/events



THE UNIVERSITY OF BRITISH COLUMBIA

Engineering



UBC Geering Up
Engineering Outreach

SAVE THE DATE!
FREE ADMISSION

2020 VANCOUVER INTERNATIONAL UNIVERSITIES FAIR

April 19, 2020 | 1 p.m. – 4 p.m.
Vancouver Convention Centre — East Building
Vancouver, BC, Canada

Including Universities from across Canada and the World

For more information, visit www.nacacfairs.org/vancouver



NACAC
National Association for
College Admission Counseling

INTERNATIONAL
ACAC

Want to train like a Mountie for a week?

National Youth Engagement Week is a unique opportunity to experience five days at [Depot, the RCMP's training academy](#) in Regina. A select group of Grade 12 students (secondaire 5 in Quebec) from across Canada will experience what it's like to be a cadet in training.

If chosen, you'll get the opportunity to interact with police officers from various RCMP units. Activities may include:

- a fitness session
- drill class
- driving simulation
- police defensive tactics
- a tour of the [RCMP Heritage Centre](#)
- and much more

What you need to know

- **Date:** March 23–27, 2020
- **Location:** RCMP Depot Division in Regina, Saskatchewan
- **Cost:** FREE! Travel, accommodation and meals will be provided by the RCMP.

Are you eligible?

To be considered, you must:

- interested in a law enforcement career
- a Grade 12 student (secondaire 5 in Quebec)
- proficient in English and/or French
- a Canadian citizen or have permanent resident status in Canada

For an application package please see Ms. Butler in the Career Centre OR

http://da.srce.ca/sites/default/files/RCMP%20Training%20Academy%20Application%20Form_ENG_FINALE-1.pdf



REPEAT NOTICES



BE A SPRING BREAK CAMP VOLUNTEER!

Make a difference this spring by volunteering at Place des Arts

home to our
arts community
**PLACE
DES
ARTS**



The Spring Break Camp Program

Spring Break Camp runs from Monday, March 16 – Friday, March 20, 2020. The program includes classes in visual arts, dance, drama and music.



Volunteer Roles and Responsibilities

Volunteers will work closely with Place des Arts staff and teachers to ensure the camp runs smoothly.

Responsibilities of volunteers may include:

- Ensuring that students sign in and sign out each day;
- Escorting students to and from their classes;
- Taking attendance;
- Monitoring the distribution and use of supplies;
- Working individually with students who need extra support;
- Supervising children during breaks and before-camp and after-camp care.

The Application Process

Applicants must be 13 years or older by the start of the camp.

Visit placedesarts.ca under support us/volunteer and:

- If you are a new volunteer: submit the online *Volunteer Application Form* with references and attend an interview*
- If age 18+, submit a criminal record check;
- Attend a mandatory orientation and training session.

**We will contact you to arrange an interview after we receive your application*

Apply Now!

Questions?

Contact Place des Arts' Volunteer Coordinator at 604.664.1636 ext. 36 or volunteer@placedesarts.ca

1120 Brunette Avenue, Coquitlam | 604.664.1636 | www.placedesarts.ca

Looking for a challenge outside the classroom?

Looking for a **challenge** outside the classroom?



Stimulate your passion for STEAM with *Future Science Leaders!*

Future Science Leaders (FSL) is a weekly after-school science enrichment program that opens the world of STEAM (science, technology, engineering, art and design, and mathematics) to secondary students.

FSL programs are available in:

Vancouver—TELUS World of Science

Surrey—Health and Technology Innovation Hub

“I can say 100% I would not be doing this job right now which I really love (research engineer at VGH) without *FSL*. The network and support continue when you leave the program.”

Edward Wang,
FSL Discover 2012

For more information and to sign up for notifications, visit scienceworld.ca/futurescienceleaders

**SCIENCE
WORLD**

**FUTURE
SCIENCE LEADERS**

NACAC

National Association for
College Admission Counseling
1900 N Highland Blvd
Suite 400
Princeton, NJ 08540

The 2019 Vancouver International Universities Fair saw universities from Australia, Canada, China, France, Germany, Greece, Ireland, Italy, Japan, Spain, Switzerland, the United Kingdom and the United States.



SAVE THE DATE!

The 2020 Vancouver International Universities Fair, Sunday, April 19, is the collective effort of the National Association for College Admission Counseling and the International Association for College Admission Counseling. We work in collaboration for the benefit of our student and parent communities.

Many Canadian students seek postsecondary education in Canada, the United States, the United Kingdom, as well as other countries.

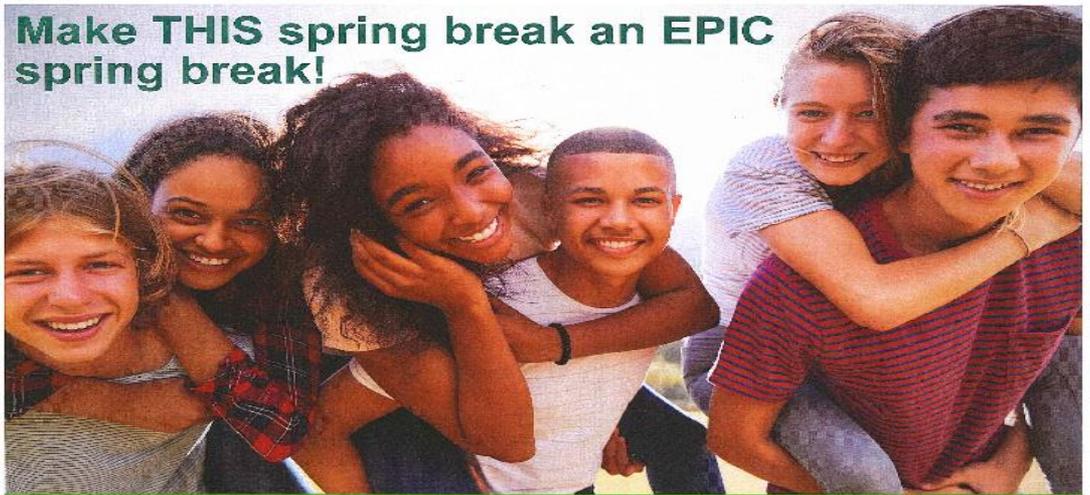
To receive additional information and updates about this fair, join the mailing list at www.nacacfairs.org/vancouver.



For additional information about the 2020 Vancouver International Universities Fair, contact Nancy Cromarty at ncromarty@wpga.ca or Kel McDowell at kmcdowell@wpga.ca.

PORT MOODY REC COMPLEX

Make THIS spring break an EPIC
spring break!



Activities may include trips to:

- Extreme Air Park
- Apex Adventure Plex
- Sports
- Watermania
- Swimming - CCAC
- Lazer Tag

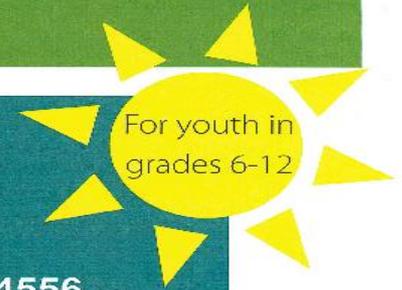
Out trips subject to change without notice.

Spring Break camps run:

Mon-Fri Mar.16-20 9am-4pm

Mon-Fri Mar.23-27 9am-4pm

Register at portmoody.ca | 604.469.4556



For youth in
grades 6-12



Port Moody Recreation Complex
300 loco Road, Port Moody, BC | 604.469.4556 | www.portmoody.ca

PORT MOODY
CITY OF THE ARTS



ATLAS Masterclass

Saturday, April 4 2020
8:30 AM to 4:15 PM
FREE

Each year more than **10,000 high school students** from **50 different countries** visit a nearby university or research center in order to unravel the **mysteries of particle physics**. Students will learn about research methods and topics, analyze real experimental data, and share results with other sites over a videoconference.

Connect

Participate in international videoconferences with the **ATLAS control room** and other students.

Learn

Participate in lectures from active scientists about the **fundamentals of physics** and research.

Experience

Perform measurements on real data from the **ATLAS detector** in the **CERN Large Hadron Collider**.

Explore

Tour **leading universities** and **research centres** with the world-class researchers who work there.

More info and registration:
triumf.ca/atlas-masterclass

For one of three locations TRIUMF, SFU or UVIC

TRIUMF— 4004 Wesbrook Mall
Vancouver BC V6T 2A3

physicsmasterclasses.org

Join the Vancouver Aquarium Youth Team!

Volunteer Opportunities for Ages 14-18

Build your leadership , public speaking, and customer service skills while expanding your knowledge of marine life and conservation in a fun filled environment as an

Animal Interpreter Share animal stories and information through conversations, engaging props, and live animal handling

Children's Interpreter Paint faces, make crafts, and facilitate live animal handling in order to build connections between the Aquarium's youngest visitors and the animals in our care

Visitor & Gallery Assistant Deliver a personal and memorable experience to visitors from the moment they arrive. Assisting with admissions, guest services and visitor interactions throughout the facility, including live animal handling.

YouthToSea Spring & Summer Leadership Youth in the program will volunteer in our AquaCamps at the Vancouver Aquarium during our Spring or Summer sessions working with children. Youth volunteers will expand their social network, increase their marine conservation knowledge, connect with their community and gain employment skills.

Commitment dates & times will vary by position

Apply online today

<https://www.vanaqua.org/join/volunteer/work-experience>

workexperience@ocean.org



OPERATION MED SCHOOL IS OPENED FOR REGISTRATION

<https://operationmedschool.com/>

March 8th 8:30 – 5:30 at Robert H. Lee Alumni Centre, University of British Columbia

- Operation Med School (OMS) is a non-profit, student-run organization that hosts one-day conferences in Canada and the USA to educate youth about the journey of a medical career. Our goal is to inspire, inform and encourage students to follow their medical dreams and head bravely into their future endeavors.

OMS was started by a group of high school students in Vancouver, BC in 2012. Each conference gives students a new approach to medical careers through activities and lectures by medical experts. It is the perfect chance for high school students to explore the medical field, meet peers who share the same passion, and speak with knowledgeable medical professionals.

OMS has been creating an opportunity for youth to gain valuable leadership and event management skills since it began in 2012 as a conference *for* high school students *from* high school students. As the organization has grown, each city conference continues to be organized by a team of local high school students.

APPLICATION DEADLINE: MAY 1, 2020. PLEASE RETURN YOUR APPLICATION
TO: campaignitebc@gmail.com
If you have questions feel free to see Ms. Butler for more information.

CAMP IGNITE 2020

August 6 - 9

*Applications available
at CAMPIGNITE.COM*



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